

Are you on a spiritual journey?

I am on an amazing spiritual journey—Following my heart and proud of whom I am.

For years I struggled with my identity, a sense of rejection and worthlessness. I was prejudice against myself, and ashamed of my skin. I am a 37-year-old single woman of mixed race who was able to put myself thru college, work in publishing and ten years ago start my own graphic design studio.

In Guatemala, with Habitat for Humanity, I felt a sense of peace and belonging, something sadly I had never felt before. I felt a connection to the dirt and wondered if this feeling was possible. I thought, “I am from a third world country, these people are no different then I. I was born into opportunity and they were not”.

Four years later, in a moment of feeling lost and depressed I asked myself, “What will make you happy?” My answer “to be deeply connected with the Mayan people.” A pretty strong statement when I could have said to have a husband, a baby, or be a millionaire. No. I longed to help these amazing people.

Following my heart I found myself drawn to San Antonio La Nueva Esperanza, a poor Mayan village high in the mountains of Guatemala which has an alarming illiteracy rate - 65% of adults can not read or write.

I am a woman who believes I can make a difference.

I am starting a nonprofit organization called HeartWind. I believe “If you heart is there the wind will take you”

My first project Books for the Kids/Libros Para los Niños is dedicated to building a library. The library will serve as a resource for 9,000 people. I have sent the first 800 books. See: booksforthekids.org

My dreams:

- **Reveal in book (or movie) form the history of these people**
- **Promote sustainable income (ie: pottery, textiles or agriculture)**
- **Expand the library (laptops, books, funds to ship them)**
- **Fund school scholarships**

You never know where you’ll find a piece of your heart, fill your loneliness and find your purpose.

One woman’s spiritual journey is giving a Mayan village their voice.